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Sarsfield Community Centre

For reservations call: Nicholas
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SARSFIELD COMMUNITY ASSOCIATION NEWSLETTER

The Sarsfield Community Association

The Association wishes to thank the 25 participants who braved the first cold spell of the season in order to collect donations for the food drive held on November 24th. Thanks to everyone who contributed non-perishable food or money for the Cumberland-Orléans Community Resource Centre. Congratulations! Your efforts yielded \$228.80 as well as 46 bags and 4 boxes of food supplies. This gesture was truly appreciated by families in need.

Stay Fit

Join us and get in shape! Bring your running shoes, yoga mat or towel and bottle of water. Find us at the Sarsfield Community Centre (3585 Sarsfield Road)

Yoga Mondays at 7:30 pm starting on January 6th

Step-cardio Wednesdays at 7 pm starting on January 8th

Zumba Thursday at 7 pm starting on January 9th

Dance classes for kids on Saturdays beginning on January 11th
10 am (4 to 6 years) and Hip Hop at 11 am (6 years and over)

Cost: \$75 for 10 sessions, or drop-in for \$10 per session
(INFO: 613-835-7590 or 613-835-4142)

Also available:

Karate Classes at Bearbrook Community Centre
with Don Bégin and Michel Parker

Children and adults on Tuesdays and Thursdays starting at 6:30 pm as of January 7



Sarsfield Winter Carnival

Sarsfield Community Centre, 3583 Sarsfield Road



Come have fun in the great outdoors
Saturday, February 1st

Curling tournament at noon
Chili cook-off at 1 p.m.



Sunday, February 2nd

Community breakfast at 11 am
Ball game in the snow and special outdoor activities for children from 0 to 99

The Sarsfield Echo is a bi-monthly publication that serves as a vehicle of information for the various community organizations in order to promote their meetings and activities.

Deadline to register your activities for Mar/Apr.:
Feb. 26, 2014

Saint-Hugues Lottery
2014 edition

Don't miss the draws that will be held every second Sunday of the month starting on January 12th. There is still time to get your lucky ticket. For information or to obtain your ticket, call Alain Faucon at 613-487-3000.

**A HAPPY
NEW YEAR**

Many thanks to Donald Maisonneuve who has offered to repair our message billboard located at the entrance to the village. Soon you will be able to consult the billboard for details of all our activities. Anne Léger is doing a wonderful job of updating the board with community messages.

CALENDAR OF EVENTS

Every Monday

7:30 pm Yoga

Every Tuesday

9:30 am Pétanque at the Sarsfield Community Centre, \$2
Come laugh and relax, everyone welcome

2-3 pm Bookmobile at the former school

Every Wednesday

7 pm Step-cardio

Every Thursday

1 pm Seniors club at church hall

7 pm Zumba

Every Saturday

10 am Dance class for 4-6 year olds

11 am Hip Hop for 6 years and older

Jan. 8 1 pm UCFO

Jan. 16 10 am La vie montante

Jan. 20 7:30 pm Council on Temporal Affairs

Jan. 30 8 pm Sarsfield Community Association

Jan 31-Feb 17 Winterlude, Ottawa

Feb 1-2 Sarsfield Winter Carnival

Feb. 12 1 pm UCFO

Feb. 17 Family Day
7:30 pm Council on Temporal Affairs

Feb. 19 10 am La vie montante

Feb. 24 7:30 pm Parish Pastoral Council

Feb. 27 8 pm Sarsfield Community Association

Turning Stone Resort & Casino

Verona, N.Y., March 30th to April 1st

Trip includes:

Transportation by deluxe coach

Deluxe room in the tower

All taxes and gratuities (for bus driver)

\$75 meal credits

\$40 casino freeplay for day 1 and day 2 (\$80)

\$25 casino freeplay for day 3

Shopping at Destiny Syracuse on March 31st

Cost: \$479 p.p. double occupancy, \$449 p.p. triple occupancy

\$435 p.p. quadruple occupancy, \$579 p.p. single occupancy

Payable to Marlin Travel before February 15, 2014

Info: Jeannine & Guy at 613-835-2437

Winter Enthusiasts

The City of Ottawa has opened its 56 approved sledding hills. Outdoors enthusiasts are invited to sled while weather and hill conditions permit, and to keep personal safety in mind while sledding.

Weather permitting the **Rink of Dreams** is open daily from 6 am to 11 pm. The heated changing facility is open daily from 8 am to 11 pm. Bring your own skates - no skate rental services available. After your skate, take a tour inside City Hall and visit the [Barbara Ann Scott Gallery](#), [Ottawa Sports Hall of Fame](#) and the [Karsh Masson Gallery](#). All are free of charge.

Grab your skates and head down to Ottawa City Hall to take part in a free festival to celebrate [Skate Canada's 100th Anniversary](#) of the Canadian Figure Skating Championships.

Friday January 10, 2014 2 - 10 pm

Saturday January 11, 2014 2 - 10 pm

Sunday January 12, 2014 12:30 - 4:30 pm

Family activities, fun and games, historical displays and appearances by some of Canada's figure skating elite. Join us as we celebrate Canada's love of skating!

Mayor Jim Watson invites residents for a **Family Day skating party** complete with winter fun on Monday, February 17, 2014. Visit our website for schedule of events.

Come to **Winterlude**, where three fun-filled weeks of excitement and activity await the whole family! From glittering ice carvings and majestic snow sculptures to a gigantic snow playground and explosive shows under the winter sky, Winterlude is a great way to celebrate and enjoy Canada's Capital in winter. Experience the Rideau Canal — a UNESCO World Heritage Site and the world's largest skating rink. All this and much more await you during Winterlude. January 31-February 17.

Shenkman Arts Centre, Orléans

Spectacular entertainment and unique cultural experiences scheduled for January and February include:

January: Ottawa Health and Wellness Expo

Eye on Art, Contact Ontariois

Nicolas Pellerin et le Grand hurleurs

Daniel Bélanger-Chic en ville

February: Mardi Gras dinner and show

The Goodluck Assembly, Fête Frissons

Kaïn-Pleurer pour rire, Improteine-10 ans c'est long!

Andrea Lindsay & Luc De Larochelière

One noble journey: A Box Marked Freedom

The Flying Canoe, Mathieu Lippé, David Usher

World Kora Trio: Exclusive, François Morency