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The Echo

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Sarsfield Community Centre

For reservations call: Nicholas
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VOLUME 3, ISSUE 4



MAR-APR. 2014

echo

SARSFIELD COMMUNITY ASSOCIATION NEWSLETTER

The Sarsfield Community Association

Annual General Meeting

Friday, March 21

6:30 p.m. supper, 7 p.m. meeting
Sarsfield Community Centre



A free pizza supper will be served

You are invited to come and meet the executive committee and to hear what projects have been realized as well as plans for the future. Come join us to share and discuss ideas that will improve and enrich our community. Together, we can identify our priorities and develop some interesting projects.

We hope to see a big turnout at the Community Centre. See you on the 21st.

Stay Fit

Join us and get in shape! Bring your running shoes, yoga mat or towel and bottle of water. Find us at the Sarsfield Community Centre (3585 Sarsfield Road)

Yoga Mondays at 7:30 pm

Step-cardio Wednesdays at 7 pm

Dance classes for kids on Saturdays

10 am (4 to 6 years) and Hip Hop at 11 am (6 years and over)

Cost: \$75 for 10 sessions, or drop-in for \$10 per session
(INFO: 613-835-7590 or 613-835-4142)

Also available:

Karate Classes at Bearbrook Community Centre

with Don Bégin and Michel Parker

Children and adults on Tuesdays and Thursdays starting at 6:30 pm



The Sarsfield Echo is a bi-monthly publication that serves as a vehicle of information for the various community organizations in order to promote their meetings and activities.

Deadline to register your activities for May/June:

Apr. 28, 2014

Congratulations!

Bravo to the women of the Sarsfield UCFO who organized a lovely evening to celebrate International Women's Day.

On Friday, March 7th, 2014, 60 women gathered at the Sarsfield Community Centre to enjoy each others company, the games, the door prizes and a delicious meal served by Desjardins Catering.

This initiative was truly appreciated by all the participants.

Thank you!



Maplefest 2014-45th anniversary

April 5 & 6, 8 AM – 3PM

2552 Old Montreal Road, Cumberland

Sausages, Maple Syrup, Beverages, All The Pancakes You Can Eat.

Adults \$7, Children (under 10) \$4, Seniors (65 & over) \$6.

Maple Syrup products on sale by the Cub and Beaver Scouts

Bake Sale at the United Church by 3 Village Churches, Saturday 8 am to 2 pm



CALENDAR OF EVENTS

Every Monday

7:30 pm Yoga

Every Tuesday

9:30 am Pétanque at the Sarsfield Community Centre, \$2
Come laugh and relax, everyone welcome

2-3 pm Bookmobile at the former school

Every Wednesday

7 pm Step-cardio

Every Thursday

1 pm Seniors club at church hall

Every Saturday

10 am Dance class for 4-6 year olds

11 am Hip Hop for 6 years and older

Mar. 12 1 pm UCFO

Mar. 11-13 Ottawa Valley Farm Show (details at right)

Mar. 17 7:30 pm Council on Temporal Affairs
Happy St. Patrick's Day



Mar. 19 10 am La vie montante

Mar. 21 6:30 pm AGM Sarsfield Community Association

Apr. 9 1 pm UCFO

Apr. 16 10 am La vie montante

Easter celebrations

April 17, 7:30 p.m. (tentative), Holy Thursday,
The Last Supper, Ste-Marie Parish

April 18, Good Friday,
3 p.m. The passion of Christ, St-Hugues
7:30 p.m. Stations of the Cross, Ste-Marie Parish



April 19, 8 p.m. Candlelight vigil, Ste-Marie Parish

April 20, 10:15 a.m. Easter mass, St-Hugues Parish

Happy Easter

Turning Stone Resort & Casino

Verona, N.Y., March 30th to April 1st
Just a few places left!

Trip includes:

Transportation by deluxe coach, deluxe room in the tower
All taxes and gratuities (for bus driver)
\$75 meal credits, \$25 casino freeplay for day 3
\$40 casino freeplay for day 1 and day 2 (\$80)
Shopping at Destiny Syracuse on March 31st
Cost: \$479 p.p. double occupancy, \$449 p.p. triple occupancy
\$435 p.p. quadruple occupancy, \$579 p.p. single occupancy

Info: Jeannine & Guy at 613-835-2437

City of Ottawa www.ottawa.ca 3-1-1

April 15 – May 15: Spring Cleaning the Capital Campaign
March 15: Registration begins

The Ottawa Valley Farm Show (OVFS) will be held from March 11 to 13 at the Ernst & Young Centre, 4899 Uplands Drive. Sponsored by the Ottawa Valley Seed Growers Association, The OVFS is the largest annual exhibition of its kind held in Ontario east of Toronto. Of particular interest to farm families and other rural residents, the show features 350+ commercial exhibitors offering everything from machinery and equipment, to computer and financial services. For more information please visit ottawafarmshow.com.

Easter Egg Hunt with Curious Cottontail

Cumberland Heritage Village Museum
(2940 Old Montreal Road, Cumberland)

Saturday, April 19 from 10 am to 4 pm

Did you know our museum has its very own Easter Bunny named Curious Cottontail? He comes out of hiding only once a year to celebrate that spring is just around the corner and to help our young friends find their Easter eggs tucked away in the most unexpected places!

While hunting for their treats, children will learn about the history of Easter candy, the importance of agriculture in a rural village (by visiting our petting zoo!), and the special products that would have been for sale in a 1920s and 30s General Store during this time of year. They'll also have fun dyeing eggs the natural way (and how they would've done it years ago) and making a bead craft to take home.

Cost: \$7/adult, \$5/seniors and students, \$18/family

Trip to Charlevoix

Aug 31, September 1-2-3, 2014

For information, contact:

Nicole St.Denis Rabbe 613-424-9151

Show Chaud Casino! Le Diable à 4 (The Devil Times 4)

with Gilles Latulippe,
Jacques Salvail, Marielle Léveillé and Giacomo

\$85 per person includes:
Transportation by deluxe coach
Restaurant meal in the Montreal region
1 ticket for afternoon show presentation at The Olympia
3 hours of game time at Montreal Casino
Services of guide, all taxes

Info: Jeannine and Guy 613-835-2437