

# echo

SARFIELD COMMUNITY ASSOCIATION NEWSLETTER

## Community Events

September 23  
Family Day and Harvest Dinner



To book the community hall,  
call Nicholas Dessaint at  
613-835-7590



A big thank you to **J.A. Laporte  
Flowers & Nursery** for donating  
flowers for our containers.

## Journée de la famille Sarsfield Family Day

23 Septembre 2017

Centre communautaire de Sarsfield Community Centre

**ACTIVITÉS DE 13 H À 17 H**  
**ACTIVITIES FROM 1-5 PM**  
**GRATUIT - FREE**

Jeux gonflables  
Bouncy Games  
Jeux intérieurs et  
extérieurs / Indoor and  
Outdoor Games  
Tours en camion  
Pantoon Truck Rides  
Maquillage / Face  
painting

**ACTIVITÉS EN SOIRÉE**  
**EVENING ACTIVITIES**  
**21 H / 9PM - GRATUIT - FREE**

Feu de joie / Bonfire  
Musique / Music

**SOUPER CHAMPÊTRE**  
**CHEF ÉRIC ROCHON**  
**FALL HARVEST DINNER**

18 h 30 / 6:30 pm  
Repas servi à 19 h  
Meal served at 7pm  
Apportez votre vin  
Bring your wine  
Prix de présence  
Door Prizes  
Adultes / Adults: 30\$  
Enfants / Kids (12 ans et  
moins / Under 12): 15\$  
Menu à venir  
Menu to Come

RSVP: 613-835-7590  
Nadine

## Recurring Events

### Monday

7:00 pm - Cardio and weights (HIIT)

### Tuesday

9:30 am - Pétanque (Mme Chevalier at 835-3095)

6:30 / 7:30 pm - Karate (Bearbrook)

8:00 pm - Yoga

### Thursday

7:00 pm - Cardio and weights (HIIT)

### Saturday

8:00 am - 1:00 pm - Cumberland Farmer's Market

11:00 am- 11:45 am Bookmobile (community centre on Sarsfield road)

For more information on the recreational activities and the Sarsfield Sport Pass (10 classes of your choice for 75\$), contact us at [info@sarsfield.org](mailto:info@sarsfield.org) or call Nadine at 613-835-7590

## Social Networks



Sarsfield Community Association



Citoyens de Sarsfield Ontario Residents



@sarsfieldON

## Announcements

### Annual Golf Tournament

September 15  
Nation Golf Club



Profits will go to Fonds de la Relève Agricole Franco-Ontarienne. To participate, contact Robert at 613-835-2608.

### Bookmobile now on Saturdays at 11:00 a.m.



We are happy to announce that after discussions with the City of Ottawa, the bookmobile times have been changed to Saturday from 11:00 to 11:45 a.m. effective July 3rd.

For more information on obtaining a library card and the many services offered through the library, visit [bibliooottawalibrary.ca](http://bibliooottawalibrary.ca)

### Activities offered by the Sarsfield Community Association

#### Karate

Starts September 19th. Tuesdays and Thursdays at 6:30 p.m. and 7:30 p.m. 30\$/month. Bearbrook Community Centre



#### Yoga

Starts September 12th. Tuesdays 8:00 p.m. 75\$/session (10 classes) or 10\$/session. Sarsfield Community Centre.



#### Cardio and Strength

Starts September 11th. Mondays and Thursdays 7:00 p.m. 150\$ for 2 classes/week or 75\$ for 1 class/week or 10\$ drop in. Sarsfield Community Centre.



Congratulations to Sarsfield volunteers who raised a sum of \$ 1,800.00 to give to the Canadian Cancer Society : Johanne Brazeau, Paule Charbonneau, Rita Dessaint, Barb L'Entremont, Rachelle Gibeault, François Laplante, Michel Marleau, Suzanne Proulx and Eva Lepage.

We would like to thank the community for its generosity in raising funds for people affected by the floods. A sum of \$ 900.00 and food was collected.

## Submit content

Do you have an event or announcement you would like to share with your neighbours?

Submit content at [info@sarsfield.org](mailto:info@sarsfield.org)

## Subscribe electronically

Would you like to receive the Echo by email?

Contact us at [info@sarsfield.org](mailto:info@sarsfield.org)

## Contact Us

Sarsfield Community Association  
PO Box 72 Sarsfield ON K0A 3E0

Email [info@sarsfield.org](mailto:info@sarsfield.org) or call  
Robert Dessaint at 613-835-2608