

## **Community Events**

September 10 2:00 pm - 10:00 pm Sarsfield Community Centre

## **Family Day**

- Outdoor / indoor games
- Inflatable games
- Pizza dinner
- Bonfire and music
- Movie night

October 30 1:00 pm - 4:00 pm Sarsfield Community Centre

## Hallowe'en Party

Come carve a pumpkin and join in Halloween themed activities.

Pumpkins will be provided by the community association.

To book the community hall, call Nicholas Dessaint at 613-835-7590



# New Format for Family Day

This year, we have slightly modified the formula of Family Day based on the feedback from last year's participants.

The event will start in the afternoon at 2:00 pm. The softball tournament will be replaced by afternoon outdoor / indoor games (depending on weather). The inflatable structures will be back again this year.

A free pizza dinner will be served to participants at 5:30 pm. The party will continue into the evening with a bonfire, music and a movie night for children.

In 2016, our family day coincides with an interesting nation-wide project organized by CTV: Canada in a Day. Canadians everywhere are invited to capture and submit a video segment of their lives on September 10. Visit canadainaday.ca for more details. If you wish to participate in this great project, bring your cameras with you!

Bring your lawn chairs and your good humour. We hope to see you there!

## **Recurring Events**

#### Monday

4:00 pm - 5:00 pm Bookmobile (community centre on Sarsfield road) 7:00 pm - Cardio and weights (HIIT)

#### Tuesday

9:30 am - Pétanque (Mme Chevalier at 835-3095)

6:30 / 7:30 pm - Karate (Bearbrook) 8:00 pm - Yoga

#### **Thursday**

7:00 pm - Cardio and weights (HIIT) 6:30 / 7:30 pm - Karate (Bearbrook) 8:00 pm - Volleyball (Navan)

For more information about the recreational activities and the Sarsfield

Sport Pass (10 classes of your choice for 75\$), contact us at info@sarsfield.org or call Nadine at 613-835-7590

#### Social Networks



Sarsfield Community
Association



Citoyens de Sarsfield Ontario Residents



@sarsfieldON

## **Announcements**

#### **Annual Golf Tournament**

The annual Fond de la relève agricole franco-ontarienne fundraiser golf tournament will be held September 16 at the La Nation golf course.



To participate or for more information, contact Robert at 613-835-2608.

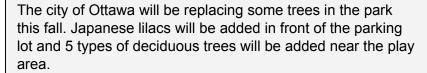
#### **New Program for Seniors: Time to Connect, Time to Participate**

A new informal phone chat program is offered to our senior citizens. By calling in, you can chat with other local seniors and community service providers about what services are available to you and your experience using them.

Chats will be held weekly from August 2016 to March 2017. **English sessions:** Tuesdays 1 pm and Thursday 11 am **French sessions:** Tuesdays 3 pm and Thursdays 9 am

To participate, dial 2-1-1 and ask for the "Time to Connect, Time to Participate" program.

#### **Tree Planting in Yves Chenier Park**







We are looking for mismatched dishes, candlesticks, glasses and utensils to use at our community events. Please contact us if you have any you would like to donate.

#### Submit content

Do you have an event or announcement you would like to share with your neighbours?

Submit content at info@sarsfield.org

## **Subscribe electronically**

Would you like to receive the Echo by email?

Contact us at info@sarsfield.org

### **Contact Us**

Sarsfield Community Association PO Box 72 Sarsfield ON K0A 3E0

Email info@sarsfield.org or call Robert Dessaint at 613-835-2608