Volume 7, issue 3 September 2017



### **Community Events**

## September 23 Family Day and Harvest Dinner



To book the community hall, call Nicholas Dessaint at 613-835-7590



A big thank you to **J.A. Laporte Flowers & Nursery** for donating flowers for our containers.

# Journée de la famille Sarsfield Family Day

23 Septembre 2017 Centre communautaire de Sarsfield Community Centre

### ACTIVITÉS DE 13 H À 17 H ACTIVITIES FROM 1-5 PM GRATUIT - FREE

Jeux gonflables Bouncy Games

Jeux intérieurs et extérieurs / Indoor and Outdoor Games

Tours en camion Pantoon Truck Rides

Maquillage / Face painting

### ACTIVITÉS EN SOIRÉE EVENING ACTIVITIES 21 H / 9PM - GRATUIT - FREE

Feu de joie / Bonfire Musique / Music

### SOUPER CHAMPÊTRE CHEF ÉRIC ROCHON FALL HARVEST DINNER

18 h 30 / 6:30 pm Repas servi à 19 h Meal served at 7pm Apportez votre vin Bring your wine Prix de présence Door Prizes

Adultes / Adults: 30\$ Enfants / Kids (12 ans et moins / Under 12): 15\$ Menu à venir Menu to Come

RSVP: 613-835-7590 Nadine

### **Recurring Events**

### Monday

7:00 pm - Cardio and weights (HIIT)

### Tuesday

9:30 am - Pétanque (Mme Chevalier at 835-3095)

6:30 / 7:30 pm - Karate (Bearbrook) 8:00 pm - Yoga

### **Thursday**

7:00 pm - Cardio and weights (HIIT)

### Saturday

road)

8:00 am - 1:00 pm - Cumberland Farmer's Market 11:00 am- 11:45 am Bookmobile (community centre on Sarsfield

For more information on the recreational activities and the Sarsfield Sport Pass (10 classes of your choice for 75\$), contact us at info@sarsfield.org or call Nadine at 613-835-7590

### **Social Networks**



Sarsfield Community
Association



Citoyens de Sarsfield Ontario Residents



@sarsfieldON

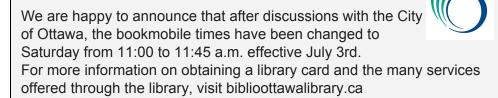
### **Announcements**

### **Annual Golf Tournament**

September 15 Nation Golf Club

Profits will go to Fonds de la Relève Agricole Franco-Ontarienne. To participate, contact Robert at 613-835-2608.

### Bookmobile now on Saturdays at 11:00 a.m.



### **Activities offered by the Sarsfield Community Association**

#### Karate

Starts September 19th. Tuesdays and Thursdays at 6:30 p.m. and 7:30 p.m. 30\$/month. Bearbrook Community Centre



### Yoga

Starts September 12th. Tuesdays 8:00 p.m. 75\$/session (10 classes) or 10\$/session. Sarsfield Community Centre.



### **Cardio and Strength**

Starts September 11th. Mondays and Thursdays 7:00 p.m. 150\$ for 2 classes/week or 75\$ for 1 class/week or 10\$ drop in Sarsfield Community Centre.



Congratulations to Sarsfield volunteers who raised a sum of \$ 1,800.00 to give to the Canadian Cancer Society: Johanne Brazeau, Paule Charbonneau, Rita Dessaint, Barb L'Entremont, Rachelle Gibeault, François Laplante, Michel Marleau, Suzanne Proulx and Eva Lepage.

We would like to thank the community for its generosity in raising funds for people affected by the floods. A sum of \$ 900.00 and food was collected.

### **Submit content**

Do you have an event or announcement you would like to share with your neighbours?

Submit content at info@sarsfield.org

### Subscribe electronically

Would you like to receive the Echo by email?

Contact us at info@sarsfield.org

### **Contact Us**

Sarsfield Community Association PO Box 72 Sarsfield ON K0A 3E0

Email info@sarsfield.org or call Robert Dessaint at 613-835-2608